

TOP TIPS FOR BICYCLING SAFELY

Conduct an **ABC Quick Check** before every ride (see back).

Obey traffic laws; ride on the right, slowest traffic farthest to right.

Wear a helmet for every ride and use front & rear lights.

Ride predictably and be visible at all times.

At intersections, **use the rightmost lane** going in the direction you're riding.

Scan for traffic and signal lane changes and turns.

Carry tools & supplies that are appropriate for your ride.

Control your bike by practicing bike handling skills.

Visit bikeleague.org/ridesmart for videos, tips on riding safely and to find a Smart Cycling Class near you.

Also be sure to check out the **Smart Cycling Quick Guide** – an easy-to-read booklet that has all of the information you need to ride a bike safely and confidently. It is available in English and Spanish!



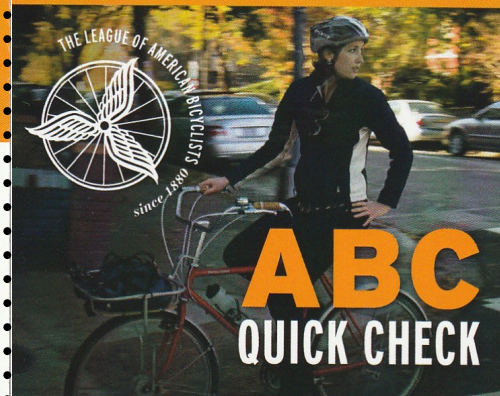
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